



Welcome to Camp Big Heart!

On first day of camp, please arrive between 2:00pm and 4:00pm.

On final day of camp, pick up time is from 9:00am to 10:00am. All campers must leave camp site by 10:00am. There is a \$50 per hour charge/per camper for late pick-up.

If your camper takes medications PLEASE READ THE FOLLOWING:

Only prescription medication will be administered at camp. All medications must be set up in a four dose per day, seven day pill box. No pre-packed medicines will be allowed. All medications must be opened and placed in the camper's pill box before arrival at camp. If not, the person transporting the camper will be responsible for doing this prior to registration check-in. **Please include the original prescription bottles or packaging with one extra dose of each medication.** The bottles or packaging will be returned to parent or guardian once medication check in is completed. Include a detailed description of any special instructions that go along with the medications. You may not leave your camper without a filled pill box and this pertinent information. Please be sure to double check that you have the correct number of dosages for each medication in the pill box.

Packing List:

Bedding for a twin bed (some campers bring a sleeping bag), **pillow**, a light **blanket/cover**, as the cabins are air conditioned. **Towels** (bath towels, washcloths – please bring enough for the week. There is no laundry service available). **Toiletries** (soap, toothbrush, toothpaste, shampoo, deodorant, feminine products if applicable, sunscreen and insect repellent). **Walking Shoes** and **pool shoes**. **Underclothing** and **Swim Suit**. **Shorts** for each day, **pajamas** and cool material **shirts**. We encourage you to add an **additional** outfit as accidents do happen at the lunch table.

We cannot be responsible for money, expensive clothing, jewelry, watches, electronics, games, cd players, iPads, iPods, headphones, cameras, etc.

No cell phones will be allowed.

No food allowed in the cabins – this includes snacks.

Camp Big Heart phone number on site during each session is 229-344-3778.

Camp Big Heart is held at the Camp John Hope FFA-FCCLA Center, 281 Hope Entrance Road, Fort Valley, GA 31030.

Directions: Camp John Hope FFA-FCCLA Center:

Travelling north or south on I-75, take exit 135 (Perry-Marshallville). Travel WEST on GA 127/224. At approximately two miles from I-75, GA 127/224 will split. Keep to the right on GA 127 (you will see the Camp John Hope sign). Approximately five miles you will see Camp John Hope Rd – turn right. Travel about one mile and then you will see Hope Entrance Rd on your left.

If using GPS, use Fort Valley, GA as the destination/city.

Other reminders: on Thursday evening we have a dance; some campers like to wear a dress/outfit. This is not mandatory.

Please label all items that you bring to camp. We cannot return if there is no name on the item. We encourage you to send a plastic bag for dirty clothing – please label the laundry bag.

If your camper wears glasses and brings them to camp, please help us make sure they have their own glasses before leaving camp on Friday morning.

Thanks! We will see you Sunday at check in.